

INFORMATION SHEET N°	5	TARGET	3.4
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OUTPUT

Indicator	Kilometres of heart-healthy routes		
Description	<p>The city of Madrid is part of the European project "Walking People", which aims to promote the physical activity of citizens by creating environments that are suitable for walking through the city. The heart-healthy routes, which are walks integrated into the urban network that connect with green and natural spaces, and are an incentive for the practice of physical activity, fall within the scope of this project.</p> <p>To identify this type of paths in Madrid Nuevo Norte, all of the roads that run through the interior of green spaces or naturalised areas were taken into account, as well as all the sections of sidewalk with more than 50% of their length inside those areas and that have a physical barrier between their route and vehicle traffic roadways.</p>		
Type	GIS	Source	Strategy for localisation of the SDGs in the city of Madrid

Data source

	Heart-healthy routes in Madrid Nuevo Norte	BIM	YES
Madrid Nuevo Norte	Combination of the following files into a single GIS layer: <ul style="list-style-type: none"> • DOC. 3: DESIGN PRINCIPLES OF THE LANDSCAPE FRAMEWORK. LANDSCAPE MASTER FRAMEWORK • MNN_AD.GDB • Red - Transportes_MPG_200211. 		
Comparison	Walking people project routes by districts in Madrid <ul style="list-style-type: none"> • WAP Projects (Walking People) (https://madridsalud.es/proyecto-wap-walking-people/) 		

Calculation method

To identify the layout of streets that could be considered as part of a heart-healthy route, the roadway sections included in Doc 3 were selected as a historical livestock route, green artery and all of the secondary streets that cross the multiple green spaces planned in Madrid Nuevo Norte. During the activity of Madrid Nuevo Norte, the precision of the indicator may be improved with the detailed layout and sections of streets in Madrid Nuevo Norte.

OUTCOME

Indicator	Unit	Source
Mortality attributed to cardiovascular diseases	Per 10000	INE (https://www.ine.es/jaxi/Tabla.htm?tpx=46687&L=0)
# of heart-healthy routes in the Walking People Project	%	Strategy for localisation of the SDGs in the city of Madrid (https://www.madrid.es/portales/munimadrid/es/Inicio/EI-Ayuntamiento/Cooperacion-y-Ciudadania-Global/Agenda-2030/Estrategia-de-localizacion-de-los-ODS-en-la-ciudad-de-Madrid/?vgnextfmt=default&vgnextoid=b7b75cd724a38710VgnVCM1000001d4a900aRCRD&vgnnextchannel=5347a62071048710VgnVCM1000001d4a900aRCRD)
Number of students in beginner sports pre-schools in municipal sports centres	%	
Differences in life expectancy at birth between districts:	Years	